

**(Book Title)**

© (Copyright Year) by (Author Name)

All rights reserved. Published and distributed in the United States by Empowered Whole Being Press. No part of this book may be used or reproduced in any manner whatsoever without the written permission of the author or the publisher, except in the case of brief quotations embodied in critical articles and reviews.

The author of this book does not dispense medical advice or prescribe the use of any technique as a form of treatment for physical, emotional, or medical problems without the advice of a physician, either directly or indirectly. The intent of the author is only to offer information to help you in your quest for emotional and spiritual well-being. In the event you use any of the information in this book for yourself, the author and the publisher assume no responsibility for your actions. The events related in this memoir, including conversations that occurred, have been re-created to the best recollection of the author. Some situations have been altered or expanded, and the names and identifying details of many individuals have been changed for confidentiality purposes.

To learn more about (Author Name) work, please contact (her/him) through (her/his) website: (Website URL)

Library of Congress Cataloging-in-Publication Data

(Author Name, Last Name First).

**(Book Title).**

ISBN: #(ISBN Number) (paperback)

ISBN: #(ISBN Number) (eBook)

1. (BISAC Code Description) 2. (BISAC Code Description) 3. (BISAC Code Description)

First edition, (Month, Year)

Cover Design by (Name) (If applicable)

Empowered Whole Being Press  
www.EmpoweredWholeBeingPress.com